

Peter-William Lee Myers

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SUMMARY

Clinical Mental Health Counseling professional with knowledge of mental and emotional disorders, coping skills, counseling theories, and creating treatment plans. Experience working in both inpatient and outpatient settings. Experience working with a wide range of diverse individuals and known for exceptional intrapersonal skills and the ability to remain calm under pressure. Adapt at crisis management and utilizing micro-skills during client interactions.

EDUCATION

PhD in Counselor Education and Supervision	08/2024- Present
Waynesburg University (Waynesburg, PA)	
Master of Arts in Clinical Mental Health Counseling	10/2019
Southern New Hampshire University (Manchester, NH)	
• 3.78/4.0 GPA	
Bachelor of Science in Psychology	2/2016
Grand Canyon University (Phoenix, AZ)	
• GPA 3.4.	
• Dean's List	

PROFESSIONAL EXPERIENCE

Director of Clinical Services	09/22/2025-Present
Britelife Recovery of PA	
<ul style="list-style-type: none">• Supervises all clinical staff activities to ensure adherence to the clinical model, including monitoring groups, therapy sessions, and ancillary services as needed.• Provides regularly scheduled individual and group supervision sessions with each member of the clinical team and maintains notes of these sessions. Frequency to be determined with the Chief Clinical Officer.• Audits charts for timeliness and quality of progress notes, treatment plans, assessments, and summaries on a scheduled basis.• Works closely with Chief Clinical Officer to develop and deliver sophisticated and effective treatment to those we serve.• Collects and analyzes data, tracks KPIs, provides written and verbal reports as requested.• Works collaboratively with the Director of Nursing, Medical Director, and BHT Supervisor to deliver excellent client care.• Participates in the recruitment and interview process for clinical staff.• Completes performance appraisals for clinical staff on an annual basis and works with Human Resources on employee performance management throughout the year.• Provides staff development and training opportunities and monitors the compliance of staff credentialing. Maintains training plans for all clinical staff according to DDAP standards.• Familiarity with and adherence to all Joint Commission standards that impact clinical programming and staffing.• Leads Flash and MDT meetings.• Evaluates quality of program on an ongoing basis and develops cost-effective methods to provide and enhance services.	

Licensed Professional Counselor

04/15/2024-09/2025

Harmony Bay Wellness (Telehealth)

- Creates and updates treatment plan
- Maintains client record
- Diagnoses
- Conducts individual, family, and couple's sessions
- Completes assessments as needed

Primary Therapist

02/22/2023-04/12/2024

Britelife Recovery at Hanover,PA

- Completes Assessments
- Creates treatment plan
- Conducts individual, group, and family therapy
- Maintains client record
- Runs BALM Family Support Group

Private Practice Therapist/Owner

07/19/2022-Present

Elevation Therapy And Wellness, LCC

- Completes intake
- Screenings
- Creates treatment plan
- Maintains client record
- Diagnoses
- Conducts individual, family, and couple's sessions

Private Practice Therapist

04/03/2021-08/02/2022

A Better You Counseling and Wellness, LLC

- Completes intake
- Screenings
- Creates treatment plan
- Maintains client record
- Diagnoses
- Conducts individual, family, and couples sessions

School Based Therapist

03/01/2021-07/2021

Teamcare Behavioral Health

- Screenings
- Completes intake
- Creates treatment plan
- Maintains client record
- Uses evidence-based practices
- Diagnoses
- Updates treatment plans

Multisystemic Therapist

01/06/2020-02/27/2021

Adelphoi Village

- Completes family intake
- Creates treatment plan
- Updates treatment plan
- Completes assessments
- Maintains case file
- Conducts family and individual counseling sessions
- Uses evidence-based practice

Mobile Therapist/Behavior Consultant

T.W. Ponessa and Associates Counseling Services

11/18/2019-01/03/2020

- Create, update, and maintain treatment plans
- Oversees Therapeutic Support Staff
- Directs the client's treatment program
- Creates authorization/re-authorization packets
- Develops client's strengths and increases the therapeutic effectiveness of client's support system
- Encourages client to be an active participant in treatment
- Model coping skills for client
- Conducts individual and family counseling sessions

Therapeutic Support Staff

10/2018-11/15/2019

T.W. Ponessa and Associates Counseling Services (York, PA)

- One on one support for emotionally and mentally disturbed children/adolescents
- Helping child/adolescent to eliminate inappropriate behaviors
- Follows the treatment plan
- Helps child/adolescent engage in socialization and participation in group activities
- Documents behaviors and completes progress notes

Master's Level Outpatient Intern

T.W. Ponessa and Associates Counseling Services

3/11/2019-10/20/2019

- Managed a caseload of 10-15 clients with mental health issues
- Updated and added to treatment plan as needed
- Conducted individual, couple, and family counseling sessions
- Monitor and document the progress of each client to ensure they are meeting treatment goals

Substance Abuse Counselor

9/2017 – 10/2018

Open Arms Recovery Center (Hanover, PA)

- Manage and support a caseload of 25 clients with substance abuse disorders
- Conduct intake evaluations to determine the specific needs of each client
- Develop treatment plans by conducting planning sessions and utilizing clinical data
- Lead individual and group counseling sessions in order to rehabilitate clients
- Monitor and document the progress of each client to ensure they are meeting treatment goals

- Licensed Professional Counselor in Pennsylvania
License Number: PC 014692
Expire Date: 02/28/2025
- Licensed Clinical Professional Counselor in Maryland
License Number: LC15736
Expire Date: 01/31/2026
- Certified Nature Informed Therapist
Center for Nature Informed Therapy

PROFESSIONAL MEMBERSHIP

- National Honor Society of Leadership and Success
- American Counseling Association
- NAMI of York County, PA
- Association for Counselor Educators and Supervisors

PRESENTATIONS & TRAININGS

Myers, Peter-William L. (2025, March 21). *Fostering the needs and connection of marginalized groups with nature-informed therapy: Exploring accessibility, inclusivity, and empowerment*. Waynesburg University Mental Health Symposium. Canonsburg, PA.

Myers, Peter-William L. (2025, January 7). *Nurturing the soul: Self-care for ministers through nature-informed therapy* [Workshop presentation-online]. Pastoral Interns, United Lutheran Seminary. Gettysburg, PA

Myers, Peter-William L. (2024, February). *Nature-informed therapy: What is it?* [Continuing education workshop]. Continuing Education for Social Workers & Licensed Professional Counselors.